

City of Torrance

5-0 and on the go!
Promoting fitness, fun, and friendships
JULY/AUGUST 2015



TORRANCE TRAVELERS

On the go again!

Please join us for the following Autumn 2015 excursions designed for those 50 years of age and over:

Thursday, October 29, 2015

Old Haunts in Old Town San Diego

Torrance resident fee: \$90.00

Non-resident fee: \$100.00



Wednesday, November 18, 2015

The Living Desert

Torrance resident fee: \$97.00

Non-resident fee: \$107.00

Wednesday, December 9, 2015

Venetian Holiday Lights

Torrance resident fee: TBD

Non-resident fee: TBD



Register for AUTUMN 2015 excursions on:

Friday, September 11, 2015

9:00 to 11:00 a.m.

Ken Miller Recreation Center

3341 Torrance Boulevard in Torrance

(Near Madrona and Torrance Blvd. behind the Torrance Plunge)

Torrance residents may register from 9:00 to 11:00 a.m.

Non-residents may register from 10:00 to 11:00 a.m.

Payment may be made by check or credit card only!

Sorry, we cannot accept cash.

Please make checks payable to the *City of Torrance*.

For openings after September 11, 2015 or for cancellations, please call 310/618-2720.

For tour information, please call our Tour Information line at 310/618-2468.



City of Torrance Community Services Department • RECREATION DIVISION
3031 Torrance Blvd., Torrance, CA 90503 • 310-320-5918 • www.Recreation.TorranceCA.Gov
"Creating and Enriching Community through People, Programs and Partnerships"



Bring your entire family to Old Downtown Torrance
for the Torrance Historical Society's

Rock Around the Block Party!

Thursday, July 16, 2015 5:00 – 8:00 p.m.



* 100 Years of Vintage Cars on the Street!

* Contests - Pie Eating, Bubble Gum Blowing,
Hula Hoop, & a Cake Walk! All ages check it out!



* Grab a Burger from the In-N-Out Burger Cookout Wagon! (Nominal Charge)

* Eat your Burger at the Bartlett with the Southbay Strummers Ukulele Group!

* Sway to the music with Polynesian Hula Dancers!

* Bop in the Street to 50's Music!

It's all Free! Let's Rock!

New Tour!

OLD HAUNTS IN OLD TOWN SAN DIEGO

Thursday, October 29, 2015

LEAVES FROM WILSON PARK TBA

RETURNS at approximately TBA

Torrance resident fee: \$90.00

Non-resident fee: \$100.00



Spend the day exploring some of the old haunts in Old town San Diego! Our day begins at the *Whaley House* which stands today as a classic example of mid-nineteenth century Greek revival architecture. In addition to being the Whaley family home, it housed a granary, the County Court House, and San Diego's first commercial theater just to mention a few of the house's other uses. Significant events such as the seizure of the court documents in 1871 and the suicide of Violet Whaley in 1885, as well as the hangings which occurred on the property before the house was constructed, have suffused the Whaley House with an air of mystery and adds to its reputation as something more than just California State Historic Landmark #65. In fact, the house has been considered the number one most haunted house in the United States! Next, we'll visit the *Old Adobe Chapel*. Built in 1850 as a home, the Old Adobe was converted to a church by Don José Aguirre in 1858. Then, it's lunchtime at the *Old Town Mexican Café* for authentic Mexican cuisine. After lunch we'll have plenty of time to explore Old Town.

New Tour!

THE LIVING DESERT

Wednesday, November 18, 2015

LEAVES FROM WILSON PARK at 8:00 A.M.

RETURNS at approximately 6:00 P.M.

Torrance resident fee: TBD

Non-resident fee: TBD



Welcome to the amazing world of desert life! Let *The Living Desert Reserve* introduce you to some of the many varieties of plant and wildlife found in deserts from around the world. After a cool, morning drive out to Indio, we'll disembark the coach at the *Living Desert*. Upon arrival, we'll climb aboard of the park's trams for a narrated ride through the reserve. Discover reptiles, birds, mammals, and plants you never thought could possibly inhabit such desolate places. At the conclusion of the tour, we'll be treated to a box lunch at the park's restaurant before taking a seat in the covered amphitheater for a special *Wildlife Wonders* presentation. Eight to ten animals participate in each show, with many of them being an endangered or threatened species. A special treat is in store for the ride home when we stop off at *Hadley's* in Cabazon for a traditional desert treat, a refreshing date shake!

VENETIAN HOLIDAY LIGHTS**Wednesday, December 9, 2015****LEAVES FROM WILSON PARK TBA****RETURNS at approximately TBA****Torrance resident fee: TBD****Non-resident fee: TBD**

All the romance of Italy during the holidays is ours on this enchanting Venetian Holiday! Imagine cruising through the canals of Venice aboard authentic gondolas. We can do just that right here in Southern California! As the sun begins to set, we'll travel the Long Beach where we'll board a fleet of romantic gondolas for a festive one-hour cruise through the canals of Naples and Los Alamitos Bay. Our gondolier will guide us slowly through the bay as we cruise past a myriad of floating Christmas trees, which have become a Long Beach tradition over the past twenty years. The nightly event features dozens of Christmas trees full of bright, twinkling lights floating aimlessly in the bay. On the canals we'll pass under quaint footbridges and past elegant waterfront homes decorated for the holidays. (Cups, ice buckets, and ice are provided on the gondolas should we wish to bring our own beverages.) After cruising the canals of Naples, we'll head over to *Buca di Beppo* where we'll enjoy a flavorful dining experience. In the spirit of Italian culture, dishes are served family style and are meant to be shared. Join us for a taste of Italy for the holidays!

GLENDALE CENTRE THEATRE**🚗 Tour is sold out – Please call 310 618/2720 to get on the wait list 🚗****Sunday, July 19, 2015****LEAVES FROM WILSON PARK at 11:00 a.m.****RETURNS at approximately 6:30 p.m.****Torrance resident fee: \$98.00****Non-resident fee: \$108.00**

Celebrating more than 65 years in show biz, the *Glendale Centre Theatre* is quite possibly the best-kept secret in Town! In 1947, Ruth and Nathan Hale rented a small building and launched their dream! Although their opening night had an audience of just six, today the New Orleans style theatre house continues to sell out its 440 seats to theatre-goers of all ages! Our first stop of the day will be for lunch at the *Tam O'Shanter*, the original member of the Lawry's Restaurants, Inc. At *the Tam* we'll each have our choice of Crown Roast Beef served with creamed spinach; Breast of Chicken served with fresh vegetables; or Filet of Sole with Lemon Butter Caper Sauce served with fresh vegetables. All entrees include mashed potatoes, house salad, English Trifle, and beverage. After lunch we'll head over to the *Glendale Centre Theatre* for an afternoon of great live stage entertainment featuring the hit show, *9 to 5*! Based on the 1980 hit movie *9 to 5*, Dolly Parton's music is sensational, the story clever, and the entire afternoon is as fun and entertaining as any show the *Glendale Centre Theatre* has ever done!

SANTA BARBARA BY LAND AND SEA**🚗 Tour is sold out – Please call 310 618/2720 to get on the wait list 🚗****Thursday, August 20, 2015****LEAVES FROM WILSON PARK at 7:30 a.m.****RETURNS at approximately 6:00 p.m.****Torrance resident fee: \$95.00****Non-resident fee: \$105.00**

Take a bite out of Santa Barbara on our land and sea adventure! Our day will begin with a drive up the coast to the beautiful coastal town of Santa Barbara. Upon arrival, we'll climb aboard the City's original amphibious vehicle, *THE LAND SHARK*, for a personally narrated 90-minute land and sea adventure. Beginning at Stern's Wharf, we'll wind our way through the enchanting streets of Santa Barbara. We'll see historical landmarks as we learn about the City's past, present, and future. The adventure continues as we splash down into the blue Pacific waters of Santa Barbara Harbor. We will see luxurious private yachts, commercial fishing boats, and hear the maritime legends of Stern's Wharf while discovering the abundant marine mammals and sea life that inhabit the ocean. After the tours, we'll be treated to lunch at the *Santa Barbara FisHouse*. Located on Santa Barbara's pristine waterfront, the *FisHouse* offers some of the Central Coast's finest seafood. The remainder of the afternoon is ours to explore the shops and boutiques that line Santa Barbara's famous State Street. We'll return home as we watch the sun setting over the Pacific.

MIRACLE WORKERS



☒ **Tour is sold out – Please call 310 618/2720 to get on the wait list** ☒

Wednesday, September 16, 2015

Torrance resident fee: \$84.00

LEAVES FROM WILSON PARK at 8:30 a.m.

Non-resident fee: \$94.00

RETURNS at approximately 5:30 p.m.

Meet the *miracle workers* on this tour! According to research, every 11 minutes a person in the United States loses their sight, often as part of the aging process. But thanks to modern technology, living is becoming easier for the visually impaired. We begin our day at the *Braille Institute*, a service organization for blind and visually impaired adults. On the tour led by visually impaired guides, we'll see students attending classes and learning to live with their impairment. There's also the library where we'll have a chance to learn the basics of Braille and see how braille is actually done when we visit the publishing department. After our tour of the Braille Institute we'll head over to Universal Citywalk's *Saddle Ranch Chop House* for a buffet lunch. We'll get to toast marshmallows and make our own s'mores for dessert! We'll spend the rest of the afternoon visiting Guide Dogs of America. For more than 50 years, Guide Dogs of America has bred, raised, and trained some of the world's most dedicated dogs and matched them with blind people of all ages. On our tour of the 7-acre campus, we'll learn how the loving, working partnership of dog and human develops. Donations to both the Braille Institute and Guide Dogs of America are included on behalf of your group.

CALENDAR OF EVENTS

What's going on? Mark your calendars for these upcoming events!

July 16 5:00 – 8:00 p.m.	<i>Rock Around the Block</i> Sponsored by the Torrance Historical Society	Torrance Historical Society Museum 1345 Post Avenue in Torrance
September 11 9:00 – 11:00 a.m.	<i>Torrance Travelers</i> <i>Tours Registration</i>	Ken Miller Recreation Center 3341 Torrance Blvd. in Torrance

FRIDAY RECREATION CENTER SENIORS

Ken Miller Recreation Center - - - - 3341 Torrance Blvd.

Fridays only * (Near Madrona and Torrance Blvd., behind the Torrance Plunge)

Intermediate Low Impact Aerobics Through Dance * 9:25 - 10:55 a.m.

Fee: \$26.00/Semester (summer term 6/19/15 - 7/17/15)

Engage in an aerobic work-out while learning new dance steps and routines for physical fitness and performance. This class is for those who have taken Beginning or who have some experience in Latin or ballroom dance.

Beginning Low Impact Aerobics Through Dance * 11:05 a.m. - 12:35 p.m.

Fee: \$26.00/Semester (summer term 6/19/15 - 7/17/15)

Roland teaches you salsa, meringues, and line dancing all in this terrific aerobic work-out!

Classes are offered in cooperation with Torrance Adult School Older

Adult Program (310/533-4689) and the City of Torrance Community Services Department.

WALTERIA PARK SENIOR CITIZENS CENTER

3855 W. 242nd Street – 310/378-3862

MONDAY 12:00 noon to 4:00 p.m. * Table Games and Pinochle *

THURSDAY 12:00 noon to 4:00 p.m. * Table Games and Bridge *

Coffee and cookies always just 30¢!

Come spend some time with us Mondays and Thursdays! How about a game of Hand and Foot? It's a super fun card game and we're looking for players. Bring a friend! We'll show you how! We have a friendly group of Pinochle players and you can jump right into the game! Drop in any Monday or Thursday afternoon!



HERMA TILLIM SENIOR CITIZENS CENTER

Due to the renovation project in McMaster Park, the Tillim Center Senior Citizens Program has been temporarily relocated to the *South Bay Church of God*, at 17661 Yukon Avenue in Torrance.
310/ 329-1889

Please Note New Program Hours:

Tuesdays, Wednesdays, and Thursdays ☺ 9:00 a.m. to 3:00 p.m.

TUESDAY	9:00 a.m. - 3:00 p.m.	BRIDGE AND TABLE GAMES
	9:30 - 11:30 a.m.	TORRANCE LOVING CARE "TLC" Greeting cards workshop 1 st Tuesday of the month.
	9:30 a.m.	WIRE WRAPPING 2 nd and 4 th Tuesdays of the month
WEDNESDAY	9:30 a.m.	GENTLE FITNESS AND CHAIR DANCING
1st WEDNESDAY of the MONTH	12:30 - 3:00 p.m.	MOVIE MATINEE
THURSDAY	9:00 a.m. - 3:00 p.m.	CENTER IS OPEN
	12:30 - 3:00 p.m.	BINGO — Play Bingo with friendly people. We have a very nice group, and a great caller! Please bring a canned good or non-perishable item worth \$1.00



TILLIM MOVIE MATINEE! Join us for movies at South Bay Church of God

17661 Yukon Avenue, Torrance - 310/329-1889

First Wednesday of Each Month at 12:30 p.m.

July 1, 2015: *The Great Gatsby*

Rated PG-13 for smoking, partying, and brief language.

FEATURING : Leonardo DiCaprio, Tobey Maguire, and Carey Mulligan



August 5, 2015: *Stone of Destiny*

Rated PG for language and some incidental smoking.

FEATURING: Charlie Cox, Kate Mara, and Stephen McCole

Movie for September: *The Agony and the Ecstasy*



Torrance Loving Care "TLC" Tuesdays

First Tuesdays ~ 9:30 - 11:30 a.m.

South Bay Church of God, 17661 Yukon Avenue, Torrance

310/329-1889

Join our monthly crafts workshop on the first Tuesday of each month and create greeting cards, which are sent to many helping organizations including Children's Hospital, women's shelters, Veteran's Hospital, and our men and women serving in the Armed Forces.

THURSDAY AND SATURDAY MATINEES!

FREE MOVIES AND POPCORN

BARTLETT CENTER CONFERENCE ROOM AT 12:30 P.M.



July 2
Bartlett Center is Closed
for Independence Day

Soylent Green

Rated PG Parental
guidance suggested. Some material
may not be suitable for children.

Charlton Heston
Edward G. Robinson
Chuck Connors

July 9 and 11

The Sapphires

Rated PG for sexuality, a scene
of war violence, some language,
thematic elements and smoking.

Chris O'Dowd
Deborah Mailman
Jessica Mauboy

July 16 and 18

Safe Haven

Rated PG-13 for thematic
material involving threatening
behavior, violence, and sexuality.

Julianne Hough
Josh Duhamel
Cobie Smulders

July 23 and 25

Salmon Fishing in the Yemen

Rated PG-13 for some violence
and sexual content, and brief language.

Ewan McGregor
Emily Blunt
Amr Waked

July 30 and August 1

Miss Potter

Rated PG for brief mild language.

Renee Zellweger
Ewan McGregor
Emily Watson

August 6 and 8

Hitchcock

Rated PG-13 for some violent images,
sexual content, and thematic material.

Anthony Hopkins
Helen Mirren
Scarlett Johansson

August 13 and 15

Stone of Destiny

Rated PG for language and
some incidental smoking.

Charlie Cox
Kate Mara
Stephen McCole

August 20 and 22

Viva Zapata!

Not Rated

Marlon Brando
Jean Peters
Anthony Quinn

August 27 and 29

A Place in the Sun

Not Rated

Montgomery Clift
Shelley Winters
Elizabeth Taylor

SEATING IS LIMITED TO 25 PEOPLE - NO RESERVED SEATS - DOOR OPENS AT 12:00 NOON!

FEATURED FILM SELECTION IS SUBJECT TO CHANGE DUE TO AVAILABILITY!

Computer Training at the Bartlett Center

Training is available at Bartlett Center, using our computer, with a knowledgeable and patient teacher, who will listen to what you want to know, on a one-to-one basis. Space is available.

Get the details and sign-up at the front desk.

BARTLETT SENIOR CITIZENS CENTER

1318 Cravens Avenue 310/320-5918

HOURS: MONDAY through SATURDAY – 8:00 a.m. to 4:00 p.m. SUNDAY - 12:30 to 4:00 p.m.

Hot, nutritious lunches served MONDAY through FRIDAY at 11:30 a.m. for the low cost of \$2.50. Please make reservations at least 24 hours in advance. If you need to cancel, please call so that others may take your place.

Card Games, Table Games, and Pool playing all day, every day, plus the following scheduled activities:

MONDAY	8:05-9:35 a.m.	“Fitness Difference for Seniors” Fee: \$45.00/Semester (6/15/15 - 7/29/15) Co-Sponsored by Torrance Adult School - Older Adult Program (310/533-4689)
	9:30 a.m.-12:30 p.m.	Lapidary Workshop Wrap-around Safety Glasses are Required!
	9:45 – 11:15 a.m.	Beginning/Intermediate Yoga Fee: \$45.00/Semester (6/15/15 - 7/29/15) Co-Sponsored by Torrance Adult School - Older Adult Program (310/533-4689)
TUESDAY	9:00 a.m.-12:00 noon	Shuffleboard
WEDNESDAY	8:05-9:35 a.m.	“Fitness Difference for Seniors” Fee: \$45.00/Semester (6/15/15 - 7/29/15) Co-Sponsored by Torrance Adult School - Older Adult Program (310/533-4689)
	9:00 a.m.-3:00 p.m.	Beadwork Workshop
	9:45 – 11:15 a.m.	Beginning/Intermediate Yoga Fee: \$45.00/Semester (6/15/15 - 7/29/15) Co-Sponsored by Torrance Adult School - Older Adult Program (310/533-4689)
THURSDAY	12:00 noon	Crochet Workshop
	9:00 a.m.-12:00 noon	Shuffleboard
	9:00 a.m.	Ceramics Workshop
FRIDAY	9:30 a.m.-12:30 p.m.	Lapidary Workshop Wrap-around Safety Glasses are Required!
	12:30 p.m.	Thursday Afternoon at the Movies
	9:30-11:30 a.m.	Crafts, Knitting, and Crocheting Workshop
SATURDAY	12:30-2:30 p.m.	Seniors Open Discussion Group
	9:00 a.m.-12:00 noon	Shuffleboard
	9:00 a.m.	Bridge and assorted table games are played
SUNDAY	9:30 a.m.	“The Swinging, Singing Seniors” Newcomers WELCOME!
	9:30-11:00 a.m.	South Bay Strummers Ukulele Group
	12:30 p.m.	Saturday Afternoon at the Movies
	12:30-4:00 p.m.	Bartlett Center is Open! Drop on in!



Special Notes: Legal Advice is available by appointment on the first Tuesday of the month at 11:00 a.m. and the third Tuesday of the month at 1:30 p.m. Please call 310/320-5918 to make an appointment.

HICAP (Health Insurance Counseling and Advocacy Program) - Counselor Doris Herzog provides free assistance with Medicare and other health insurance information on the first and third Wednesday of each month.

Please call 310/320-5918 to make an appointment.



SEA-AIRE SENIOR CITIZENS GOLF CLUB

Sea-Aire Park - 22730 Lupine Drive – 310/543-4653 - 9 holes

Meets Every FRIDAY from 8:30 to 11:00 a.m.

Upcoming general meetings are July 3 and August 1, 2015

If you are a senior and would enjoy getting out for a morning of “pitch and putt” competition and good fellowship, come on out and see what we have to offer!

☞ FOCAL POINT PROGRAM ☞

The Focal Point on Aging is an information and referral program where older adults, caregivers and their families can obtain ready access to a full range of available services including: transportation, housing, Meals-On-Wheels, health care, companion care, Medicare, social and legal services, HMOs and more.

Focal Point is open Monday through Friday from 9:00 a.m. to 3:00 p.m.

For more information, call 310/320-1300 or 310/320-5918